

YOU HAVE THE RIGHT TO FEEL SAFE AND TO BE SAFE

Rights are things that help you have a safe, happy and healthy life. Children have special rights to be safe and well cared for.

- Being safe means no one hurts you.
- Feeling safe means you feel comfortable and trust the adults looking after you.



What are the rules for adults when you are away from your parents?

Adults are **not allowed** to:

- say or do anything that makes you feel unsafe or uncomfortable
- touch you in a way that you don't like or that makes you feel uncomfortable
- hit you or hurt your body.

CHILD SAFE STANDARDS INFO FOR CHILDREN

THERE ARE SPECIAL RULES CALLED THE CHILD SAFE STANDARDS

Adults in charge at many of the places children go must:

- choose safe people to look after you
- listen to you if you feel unsafe or worried
- make things safer for you and stop you from being hurt
- tell you who to talk to if you feel unsafe or worried.

WHAT IF AN ADULT BREAKS THE RULES?

If there is an **emergency**, or you or someone else is in danger, then call police on **Triple Zero (000)** immediately.

If it isn't an emergency, tell an adult that you trust. The person you tell might be a parent, carer, family member, coach, Icehouse staff member or any other adult you feel comfortable with.