



TERM 4 2025

SUNDAY

OCT 19 - DEC 14 8 weeks
(NO classes on OCT 26)

\$216

WEDNESDAY

OCT 8 - DEC 10 10 weeks

\$270

TOTS (Ages 5-7)

Tots 1
Tots 2
Tots 3

9:00	9:30	10:15	10:45	11:30	12:00
			✓		
			✓		
			✓		

4:00	4:30	5:00	5:30	6:00	7:15
✓					
✓					
✓					

YOUTH (Ages 8-15)

Youth Level 1+2
Youth Level 3+4
Youth Level 5+6
Youth Level 7+8
Youth Level 9+10

9:00	9:30	10:15	10:45	11:30	12:00
			✓		✓
			✓		✓
		✓		✓	
		✓		✓	
	✓				

4:00	4:30	5:00	5:30	6:00	7:15
✓	✓				
✓	✓	✓			
	✓	✓			
	✓	✓			
		✓			

ADULT (Ages 16+)

Adult Level 1+2
Adult Level 3+4
Adult Level 5+6
Adult Level 7+8
Adult Level 9+10

9:00	9:30	10:15	10:45	11:30	12:00
			✓		✓
			✓		✓
		✓		✓	
		✓		✓	
	✓				

4:00	4:30	5:00	5:30	6:00	7:15
✓		✓			
✓	✓		✓		
	✓		✓		
	✓		✓		
	✓		✓		

SUN - Supplementary Classes 30-minutes \$108

Youth Off Ice	Level 5 & up
Adult Off Ice	Level 3 & up

9:00	9:30	10:15	10:45	11:30	12:00
		✓			
			✓		

WED - ADULT Supplementary Classes 30-minutes \$135

Edges	Level 7 & up
Intro to Ice Dance	Level 7 & up
Off Ice: (45-min - \$200)	Level 3 & up

4:00	4:30	5:00	5:30	6:00	7:15
		✓	✓		
		✓	✓		
					✓

You must pass Level 9+10 before enrolling in a Freeski Class

Sunday Freeski Classes

YOUTH Freeski

	9:00	9:30
Youth Freeski 1	✓	✓
Youth Freeski 2	✓	✓
Youth Freeski 3	✓	✓
Youth Freeski 4	✓	

ADULT Freeski

	9:00	9:30
Adult Freeski 1	✓	✓
Adult Freeski 2	✓	✓
Adult Freeski 3	✓	
Adult Freeski 4	✓	

Wednesday Freeski Classes

Rising Stars
1-Hr On Ice + 45-Min Off Ice 10 Weeks: \$690

Specialised Training for Freeski Levels

1-Hour On Ice: Warm-up, edge-work, and Freeski lesson. 45-Minutes Off Ice: Strength & Conditioning and Jumps & Spins. This form of training is critical for developing high-level figure skating skills.

Freeski 1 - 4	5:00-5:45	6:00-7:00	7:15-8:00
YOUTH <i>Rising Stars</i>	OFF Ice	ON Ice	
ADULT <i>Rising Stars</i>		ON Ice	OFF Ice