

Skate School

Term 1 2024

TOTS Aussie Skate 3-5 years			YOUTH Aussie Skate 6-15 years					
Tots 1	Tots 2	Tots 3	Youth Aussie Skate 1/2	Youth Aussie Skate 3/4	Youth Aussie Skate 5/6	Youth Aussie Skate 7	Youth Aussie Skate 8	Youth Aussie Skate 9/10
WED 4:00-4:30	WED 4:00-4:30	WED 4:00-4:30	WED 4:00-4:30	WED 4:00-4:30	WED 4:30-5:00	WED 4:30-5:00	WED 4:30-5:00	WED 5:00-5:30
			WED 4:30-5:00	WED 4:30-5:00	WED 5:00-5:30	WED 5:00-5:30	WED 5:00-5:30	
				WED 5:00-5:30				
SUN 9:30-10:00	SUN 9:30-10:00	SUN 9:30-10:00	SUN 9:00-9:30	SUN 10:15-10:45	SUN 10:15-10:45	SUN 10:45-11:15	SUN 10:45-11:15	SUN 9:30-10:00
SUN 10:45-11:15	SUN 10:45-11:15	SUN 10:45-11:15	SUN 10:15-10:45	SUN 11:30-12:00	SUN 11:30-12:00	SUN 11:30-12:00	SUN 11:30-12:00	
			SUN 12:00-12:30	SUN 12:00-12:30	SUN 12:00-12:30	SUN 12:00-12:30		

ADULT Aussie Skate 16+ years					
Adult Aussie Skate 1/2	Adult Aussie Skate 3/4	Adult Aussie Skate 5/6	Adult Aussie Skate 7	Adult Aussie Skate 8	Adult Aussie Skate 9/10
WED 4:00-4:30	WED 5:30-6:00	WED 5:30-6:00	WED 5:30-6:00	WED 5:30-6:00	WED 5:30-6:00
WED 5:00-5:30					
SUN 9:00-9:30	SUN 10:15-10:45	SUN 11:30-12:00	SUN 10:45-11:15	SUN 9:30-10:00	SUN 9:00-9:30
SUN 11:30-12:00	SUN 11:30-12:00	SUN 12:00-12:30	SUN 11:30-12:00	SUN 10:45-11:15	
SUN 12:00-12:30	SUN 12:00-12:30		SUN 12:00-12:30		

FREESKATE Levels (Enrol in Freeski After Aussie Skate Levels 1 - 10)

YOUTH Freeski 6-15 years				
Youth Freeski 1	Youth Freeski 2	Youth Freeski 3/4 A	Youth Freeski 3 B	Youth Freeski 4 B
SUN 9:00-9:30	SUN 9:00-9:30	SUN 9:00-9:30	SUN 9:30-10:00	SUN 9:30-10:00

ADULT Freeski 16+ years				
Adult Freeski 1	Adult Freeski 2	Adult Freeski 3/4 A	Adult Freeski 3 B	Adult Freeski 4 B
SUN 9:00-9:30	SUN 9:00-9:30	SUN 9:00-9:30	SUN 9:30-10:00	SUN 9:30-10:00

YOUTH Freeski *RISING STARS* 6-15 years



2 Hours: \$585

5:00- 5:45pm: Off Ice Training
6:00 - 7:00pm: On Ice Classes

Youth Freeski 1	Youth Freeski 2	Youth Freeski 3	Youth Freeski 4+
WED 5:00 - 7:00	WED 5:00 - 7:00	WED 5:00 - 7:00	WED 5:00 - 7:00

ADULT Freeski *RISING STARS* 16+ years



2 Hours: \$585

6:00 - 7:00pm: On Ice Classes
7:15 - 8:00pm: Off Ice Training

Adult Freeski 1	Adult Freeski 2	Adult Freeski 3	Adult Freeski 4+
WED 6:00-8:00	WED 6:00-8:00	WED 6:00-8:00	WED 6:00-8:00

SUPPLEMENTARY Classes

WED (9 wks): \$112.50 SUN (8 wks): \$100.00

Intro to ICE DANCE (Level 6+)

SUN 9:30-10:00

YOUTH My First SYNCHRO (Level 5+)

SUN 10:45 -11:15

Steps & Turns (Level 7+)

SUN 11:30-12:00

Spins & Jumps (Freeski+)

SUN 12:00-12:30

OFF ICE: Strength & Conditioning

YOUTH: SUN 10:15-10:45

ADULT: SUN 10:45-11:15

OFF ICE: Jumps & Spins

YOUTH: SUN 10:45-11:15

ADULT: SUN 10:15-10:45

DATES & PRICE

WEDNESDAY: Jan 31 - Mar 27

9 Weeks \$225

SUNDAY: Feb 4 - Mar 24

8 Weeks \$200